AAYSA Rules – 4U

Field of Play:

- Size: 15x25 yds
- 4'x6' goal

Equipment

- Ball - Size 3
- Shin Guards - mandatory
- Shoes: soccer cleats are recommended; sneakers are allowed
- Jersey: Home team wears white; Away team wears color

Teams

- Maximum 6 players per team
- 3v3

Length of Game

- Four 6-minute quarters
- 2 minutes between quarters and 4-minute halftime
- Each player must play, at minimum, 50% of each half
- Substitutions are best at the beginning of each quarter but can be made at any time play is stopped

Game Play

- No score is kept
- All players involved in the play
- NO goalies; players must move up the field with the play and may not maintain a defensive position.
- Out of Bounds: Ball is out of play when it crosses over the out of bounds line in full
  - Kick In – at the spot the ball goes out of bounds
- Kick Off: coaches will decide who kicks off first and the other team will kick off the 2nd half. 2nd and 4th quarters will resume where play in the previous quarter stopped.
- Goal: When the entire ball passes over the goal line.

Coaches / Referees

- There are no referees; coaches will act as referees
- 1 coach per team is allowed on the field at all times

Parents / Spectators

- Sit opposite their team on the field.
- May not sit on same side as players or behind goals
- Absolutely NO DOGS ALLOWED

Fouls / Misconduct

- Slide tackles are strictly prohibited
- Intentionally kicking, tripping, holding, pushing or pulling another player are not allowed
  - 1st offense: Coach gives warning
  - 2nd offense: Sit out
  - 3rd offense: Ejected from the game