AAYSA Rules – 5U / 6U

Field of Play:

- Size: 15x25 yards
- 4'x6' goal

Equipment

- Ball - Size 3
- Shin Guards
- Shoes: soccer cleats are recommended; sneakers are allowed
- Jersey: Home team wears white; Away team wears color

Teams

- Maximum 8 players per team
- 4x4

Length of Game

- Four 8-minute quarters
- 2 minutes between quarters and 4-minute halftime
- Each player must play, at minimum, 50% of each half
- Substitutions are best at the beginning of each quarter but can be made at any time play is stopped

Game Play

- No score is kept
- All players involved in the play
- NO goalies; players must move up the field with the play and may not maintain a defensive position.
- Out of Bounds: Ball is out of play when it crosses over the out of bounds line in full
  - Throw In – at the spot the ball goes out of bounds on sidelines
  - Goal Kick – when played over the goal line by the attacking team; defending team kicks from anywhere in the goal box
  - Corner Kick – when played over the goal line by the defending team; attacking team kicks from corner arch on the side the ball went out of bounds.
- Kick Off: coaches will decide who kicks off first and the other team will kick off the 2nd half. 2nd and 4th quarters will resume where play in the previous quarter stopped.
- Goal: When the entire ball passes over the goal line.
- Headers are strictly prohibited at this age

Coaches / Referees

- There are no referees; coaches will act as referees
- 1 coach per team is allowed on the field at all times

Parents / Spectators

- Sit opposite their team on the field.
- May not sit on same side as players or behind goals
- Absolutely NO DOGS ALLOWED

Fouls / Misconduct

- Slide tackles are strictly prohibited
- Intentionally kicking, tripping, holding, pushing or pulling another player are not allowed
    - 1st offense: Coach gives warning
    - 2nd offense: Sit out
    - 3rd offense: Ejected from the game